

# PARABLES

February 2010

St. Paul's Episcopal Church

Wilmington, N.C.

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- Calendar and Ministry Schedule



Dear Friends in Christ,  
Soon we will be right in the middle of the season of Lent. Lent is the second Penitential Season of the Church Year, and it ends with Holy Week and Easter. In 2010 Easter Sunday is April 4. According to the table for Holy Days in the Book of Common Prayer, Easter can be as early as March 22 and as late as April 25 (see pages 882 through 885). Lent begins on Ash Wednesday and consists of a time of reflection of 40 days, not counting Sundays, which are always Feast Days of our Lord. We will begin Lent with our Ash Wednesday services on February 17 and end it on Saturday evening April 3 with the Great Vigil and First Eucharist of Easter.

Lent is a time for reflection. During these forty days we look at our lives as individuals and as the people of God to see how much God has done for us in sending Jesus to be our Savior. It is a time to wonder about God's great love for such a rebellious and oftentimes undeserving people. It is a time to remember the great sacrifice Jesus made for us by giving his own life on the cross to take away our sins. And it is a time to prepare to celebrate God's great gift of eternal life bought for us by Jesus' blood and guaranteed by his resurrection on Easter morning.

*(Continued on page 2)*

The mission of the members of St. Paul's is to restore all people in our community, regardless of race, creed, economic situation, or other distinctions, to unity with God and each other in Christ through prayer and worship, proclamation of the Gospel, and promotion of justice, peace, and love..



## Notes From the Rector

*Letter from the Rector-continued from cover page...*

During this time of reflection many people will find it helpful to give up for a time something they enjoy: chocolate, dessert, sodas, etc. Some people will find it a good time to give up forever some bad habits such as smoking. Others will take on a new project that will serve the Lord in some way or participate in the Wednesday Lenten Pot Luck Suppers and Class. Some Christians will simply continue to do what they have always done, but with a more heightened sense of the importance of the season. In whatever way you choose to observe Lent, I hope that you let God speak to you and guide you to fully understand the importance of His love and of the great gift God gave us through the death and resurrection of Jesus.

Yours in Christ,

Rector

### *Lenten Program*

On the five Wednesday evenings in Lent, beginning on February 24, we will be holding a **Lenten Pot Luck Supper and Program** in the Parish Hall. Please bring a dish to pass. *As a matter of Lenten discipline, please do not bring meat or dessert!* Coffee and tea will be provided. This year the theme of the program is **“I Sing a Song of the Saints of God.”** What makes a Saint? Were the Saints always as saintly as we think? Come and find out! We will look at the lives of some of the more famous Saints, as well as some that you may not know about. We hope this program will be interesting and informative. The schedule each Wednesday evening will be:

6:00 – 6:45 p.m. Supper

6:45 – 7:30 Program

We hope to have a good turnout. Please join us! Have some fellowship, enjoy the food, swap recipes and learn a little -or a lot!

# Notes From the Rector

## *Ash Wednesday Services*

Lent begins on Ash Wednesday, February 17, 2010. To begin our Lenten observance, we will have two Ash Wednesday worship services at:

12:10 p.m.: Ash Wednesday Liturgy, including Imposition of Ashes & Holy Eucharist

7:00 p.m.: Ash Wednesday Liturgy, including Imposition of Ashes & Holy Eucharist

This service will also have hymns.

## *Lessons for the Sunday's in February*

**For Sunday Worship and the Wednesday Bible Study**

*(Using the Revised Common Lectionary)*

**The Fifth Sunday after the Epiphany: February 7**

*Isaiah 6:1-13; Psalm 138; 1 Corinthians 15:1-11; Luke 5:1-11*

**The Last Sunday after the Epiphany: February 14**

*Exodus 34:29-35; Psalm 99; 2 Corinthians 3:12-4:2; Luke 9:28-43a*

**The First Sunday in Lent: February 21**

*Deuteronomy 26:1-11; Psalm 91:1-2,9-16; Romans 10:8b-13; Luke 4:1-13*

**The Second Sunday in Lent: February 28**

*Genesis 15:1-12, 17-18; Psalm 27; Phillipians 3:17-4:1; Luke 13:31-35*

Please join us at 11 a.m. each Wednesday in the Parish Hall for a Bible Study, where we discuss the lessons for the coming Sunday.

## *Men's Group Donation*

You may not be aware that our Men's Group is sometimes called on to lend a helping hand to people beyond our parish. They help with tasks such as minor repairs or moving some furniture. Recently, one of the recipients of their generosity made a donation to the Men's Group in thanksgiving for their help. She wanted to be sure that our parish knows what caring and hard-working men we have in our Men's Group. Thanks to her for her donation and thanks to the men who helped with her need.



## Notes From the Rector

### *An Introduction to the Episcopal Church*

This class will include all the information contained in the previous Confirmation Classes for Adults and Youth, but with a broader audience in mind. All people from the parish and anyone outside of St. Paul's are invited to attend. Anyone, adult or youth, who has not been Confirmed or Received in the Episcopal Church and who attends this class will be considered prepared for the Bishop's visit on June 27, 2010. *Those wishing to be Confirmed or Received by the Bishop please see the note below.*

**At this time, the class is scheduled to begin on Wednesday, April 14 beginning at 6:30 p.m. and running through Wednesday, June 23, with one break in May.**

### *Confirmation and Reception*

To be a member of St. Paul's, and hence a member of the Episcopal Church, you must ask us to record your Baptism in our records, or if you are already an Episcopalian, ask us to transfer you from a previous parish. Children baptized at St. Paul's are automatically entered as Baptized Persons.

It is our Bishop's expectation that those enrolled as Baptized Members of St. Paul's *who have not been Confirmed or Received by a Bishop* be Confirmed or Received by him Bishop at his annual visit. Preparation for this event this year will be done by attending the class **An Introduction to the Episcopal Church**, as noted above.

**This year, there will not be a separate Youth Confirmation Class.** The Rector is inviting youth who will be 13 years old or older on or before June 27, along with their parents, to attend *An Introduction to the Episcopal Church* class, which is designed to prepare both Youth and Adults for the Bishop's Visit. Youth and Adults planning to be Confirmed or Received must attend.

**All Adults and Youth planning to attend *An Introduction to the Episcopal Church* to be Confirmed or Received are asked to Pre-register.** To register, or if you have questions, please contact the Rector at (910) 762-4578 or by email at [rector@spechurch.com](mailto:rector@spechurch.com).

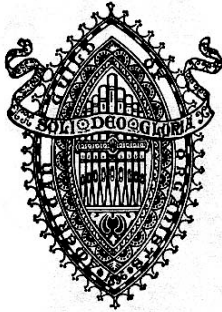


Music@St. Paul's

# Pulling Out all the Stops

## Music of Britten and Britain

St. Paul's Music Director, Dr. Larry Cook, will conduct the AGO Chamber Choir in a concert of music by British composers, including Edward Elgar's majestic setting of Psalm 48, *Great Is the Lord*, and three glorious compositions by Benjamin Britten, *Jubilate Deo*, *Festival Te Deum*, and the innovative *Rejoice in the Lamb*. First Presbyterian Church organist Douglas Leightenheimer will accompany the choir and perform the beautiful *Adagio* by Frank Bridge, Britten's composition teacher. The concert takes place at First Presbyterian Church, Sunday, February 14, at 5:00 p.m.



The popular Tallis Chamber Orchestra returns Sunday, February 21, for a concert at St. Paul's at 2:00 p.m. Guest pianist Barry Solwen will join with the TCO to perform the Saint-Saëns *Wedding Cake Caprice-Valse* and *Eclogue* by Gerard Finzi. Also, on the program is the Tchaikovsky *Souvenir of Florence*.

## *Since Singing is so good a thing, I wish all men would learn to sing*

So wrote 16<sup>th</sup>-century composer William Byrd, who then went on to enumerate the many reasons why all people (he didn't mean only males) should sing. These have appeared in earlier issues of *Parables* and may well do so again, but for now I want to cite a more contemporary source. On a recent *This I Believe* segment on NPR, music mogul Brian Eno began, "I believe in singing. I believe in singing together. . . I believe that singing is the key to long life, a good figure, a stable temperament, increased intelligence, new friends, super self-confidence, heightened attractiveness, and a better sense of humor." (Just look at our choir for verification of all the above!)

Seriously, not only do holy scriptures repeatedly admonish us to sing God's praises, numerous recent studies have consistently shown that there are substantial physical and emotional health benefits. And, apparently, the more the better. So, what could be more attractive than joining the choir? Alternatively, the Episcopal liturgy offers many opportunities for congregational singing; nobody is keeping track whether you are exactly in tune, whether you are maximizing pharyngeal resonance, or properly enunciating each vowel (of course, if you want all that, you can join the choir!) You are simply invited to "make a joyful noise." It's good for you.



Music@St. Paul's

# Pulling Out all the Stops

## *Favorite Hymns in the Month of February*

### **February 7, Fifth Sunday after the Epiphany**

All three of today's hymns come from this year's favorite hymn list:

Anita McConnell names 48 *O day of radiant gladness* as one of her favorites. The tune comes from a German folk song ("A little forest bird was flying . . ."); the words are by Christopher Wordsworth (1807-85), Bishop of Lincoln, and nephew of the poet William Wordsworth. Christopher published at least 117 hymn texts; eight are included in our hymnal. Suzanne Joyce chose 652 *Dear Lord and Father of mankind*; the text is from a lengthy poem by John Greenleaf Whittier in which he decries pagan, superstitious religious practices and urges their eradication from the practice of Christianity as well. Frederick Maker composed the tune REST for these words in 1887. Martha Ziegler named 381 *Thy strong word did cleave the darkness* as a favorite. Although written in 1954 as a seminary graduation hymn, this text is a natural Epiphany hymn, weaving together the imagery of light as God's activity in creation, the appearance of Christ as "a light to lighten the Gentiles," and the Christian's challenge to live as a "light of the world." The strong Welsh tune has long been associated with the hymn "Once to every man and nation."

### ***February 14, Last Sunday after the Epiphany***

On the 14<sup>th</sup> we sing two hymns from this year's named favorites, and interestingly enough both of them began life as German Catholic hymns. Hymn 427 *When morning gilds the skies* is a favorite of Suzanne Joyce; originally a German hymn, it was translated by Edward Caswall for the British *Catholic Hymns* of 1854, and included in the Anglican *Hymns Ancient and Modern* in 1868. Joseph Barnby, a prominent Victorian musician, composed the tune (LAUDES DOMINI). Of Barnby's many other hymn tunes, perhaps the best known are MERRIAL for *Now the day is over*, and PERFECT LOVE for *O perfect love*.

*Ye watchers and ye holy ones* is a favorite of Melody Lewis. The tune dates from at least as early as 1623 when it was published in a Catholic hymnal in Cologne; it had fallen into disuse until rediscovered by Ralph Vaughan Williams, who included it in the *English Hymnal* of 1906. The stirring words were written by J. A. L. Riley for this melody.

## Please Note...

### *St. Agnes*

We are continuing our efforts to collect items to send to the troops. There is a box in the Parish Hall. We will, as before, gladly accept cash to assist with the postage. This is like a little bit of home to let them know we support and appreciate their dedication. All ladies of St. Paul's are welcome to join us at 10:30 a.m. in the Parish Hall the first Tuesday of each month.

### *Men's Fellowship*

All men of St. Paul's are welcome to join us every 3<sup>rd</sup> Tuesday at 6:00 pm.

### *Good Will*

We all like people of good will because they are positive, generous, and enjoyable to be around. They tend to be cheerful and optimistic. People of good will make life more enjoyable for others.

The term "good will" also applies to churches. This intangible asset adds value to the more measurable aspects of worship, education, facilities, ministries, programs, and personnel. An organization with good will enjoys a positive presence in the community.

The same is true of charitable and religious institutions like St. Paul's Episcopal Church. We have learned that a positive reputation goes a long way toward attracting volunteerism and financial support. We want to expand our good will as far and wide as we can.

"Good will" can also apply to estate planning. We can express our good will through a good will. The creator of a good will recently became the primary benefactor for St. Paul's Endowment Fund.

Mae Herbert, a member of Church of the Resurrection bequeathed over \$200,000 to St. Paul's. The Vestry placed the majority of the bequest in the newly created St. Paul's Endowment Fund. The Vestry also determined that the needs for stemming a budget shortfall required funds and this bequest has allowed to keep the deficit lower than it would have been otherwise.

## Please Note...

### *Good Will-continued*

If you also have a good will you can accomplish much for your family and the institutions that you love. Ask yourself if your will can do some of these things.

- Name a personal representative
- Possibly reduce or eliminate estate taxes
- Establish family trusts and name trustees
- Name guardian(s) for minor children
- Designate who will receive personal items
- Make charitable bequests
- Care for special family needs

By creating good wills, we create good will among those we honor through our wills. They will remember us for our foresight, generosity, and thoughtfulness just as we remember Mae for her generosity.

An ineffective, out-of-date will is, of course, a bad will. It's far better to take the time and make sure a good will is in place.

As a person of good will, you will want a good will. Perhaps, for you, this means calling an attorney today to set an appointment to prepare a will or to revise an existing will. If you don't know a good estate planning attorney, ask your banker for recommendations.

Won't you provide for your family and for St. Paul's with a well-thought will?

## Please Note...

### **PARABLIZING.....**

Please pray for the victims of the recent earthquake in Haiti and for those who are providing assistance. Editors: *Mark & Cheryl Wagoner*

Please submit articles to the Parables mailbox in the Parish Hall, or preferably email directly to us at [mwagoner@ec.rr.com](mailto:mwagoner@ec.rr.com). **Deadline for March Parables is February 15, 2010.**

## *Healthy Recipe*

### **Maple-Mustard Chicken Thighs**

#### Ingredients:

- 8 bone-in chicken thighs (about 2 ½ lbs), skin removed
- 1/3 cup grainy French mustard
- 1 clove garlic, mince (about 1 teaspoon)
- ¾ teaspoon dried marjoram (may substitute dried oregano or Italian seasoning)
- 3 tablespoons pure maple syrup

#### Directions:

Preheat the oven to 375 F. Rinse the chicken and pat dry with paper towels. Combine the mustard, garlic, marjoram (or oregano or Italian seasoning) and maple syrup in a small bowl. Spread about 1 tablespoon of the mustard mixture evenly on top of each chicken thigh, being careful to cover as much of the surface as possible to form a “crust”. Arrange the chicken in a single layer in a large baking dish. Bake until mustard mixture has formed a crust and is slightly hardened and the juices run clear when the chicken is pierced in the center, 45-50 minutes.

#### Serving suggestions:

Goes great with a salad and a pile of roasted veggies of your choice!!!

Please Note...

## *Letter from Hannah*

Dear Members of St. Paul's Episcopal Church,

I hope the New Year is going well for you all. As for me, I am very glad to be back in school. The weather isn't too pleasant, but I'm enjoying my studies.

My exams turned out well, as did the production of *Fifteen Minute Hamlet*. It was quite thrilling to perform before an audience. Luckily, I will soon be performing for one again. I auditioned for a new play a few days after returning to school and I was quite successful. As a result, near the end of February, I'll be playing a character called Mrs. Hingham in the play *Forgery*. This is especially exciting because the director of this play, Mr. Kinsolving, also wrote the script. He's been a Broadway actor and playwright for many years so I feel very lucky to be able to work with him.

My classes are going well as usual. I have the same courses as I did last semester because I decided not to add any classes. After classes, my afternoons and evenings are mostly devoted to theatre. I'm now doing theatre tech as my athletic commitment. It's hard work and a bigger time commitment than playing basketball, but I'm learning a lot about the art of theatre. Also, having seen one Hotchkiss production, I'm really glad to be able to help put on the next one.

I have to say, I miss North Carolina quite a bit, especially considering the weather. Whenever I walk outside, the ground is white in every direction. Also, I've started to refer to weather in the thirties and forties as "warm". I don't know when I'll be able to return to North Carolina, but I'll certainly be glad of it when I can.

Have an excellent February!

Love in Christ,  
Hannah Claire Teachey

# Pastoral Care

A number of our parishioners have extremely limited mobility and are no longer able to attend worship services at the church. Please consider a visit or phone call to assure them they are not forgotten.

Aleen Baggett 3909 Kensington Ave. Rm 117 Richmond, VA 23221 804-261-5117	Addie Lee Gaylord 110 Keaton Ave. Wilmington, NC 28403 762-3932	Ann Lamson. Room 354 Brightmore of Wilmington 2323 41 <sup>st</sup> St. Wilmington, NC 28403
Isabel Lehto 1715 Fairway Drive Wilmington, NC 28403 762-5704	Winnie Kneale Rm 207 Autumn Care 5725 Carolina Beach Road Wilmington, NC 28412 791-9507	Lillian Odum 109 Apache Trail Wilmington, NC 28409 395-4016
Marcia Rapelye 4524 Still Meadows Drive Apt 102 Wilmington, NC 28412 799-2620	Vivian Salling 303 Summer Rest Rd. Wilmington, NC 28405 256-1241	Jean Stuber The Kempton at Brightmore Room 227 2298 41 <sup>st</sup> Street Wilmington, NC 28403 452-0709



St. Paul's Episcopal Church  
16 North Sixteenth Street  
Wilmington, NC 28401-4905

### Schedule on Sundays

8:00 a.m. Holy Communion Rite I  
10:30 a.m. Holy Communion Rite II

### Schedule On Wednesdays

12:10 p.m. Holy Communion Rite II

### Vestry

Frank Tutza	Senior Warden
Phil Virgilio	Junior Warden
Jim Summey	Treasurer
Lynda Miller	Clerk

Don Baker, Bill Carder, Herb Gant, Liz Hozier,  
Phil Virgilio, Frank Tutza, Mac Umphlett, Judy  
Wilson, Larry Wright, Martha Ziegler, Herb Gant

### Parish Staff

Ted McConnell, Rector  
Larry D. Cook, Ph.D., Organist & Choirmaster  
Luvette Hickey, Administrative Assistant  
Jelena Kovrlija, Financial Secretary  
Don Irvin, Sexton  
Patsy Perhala, Community Events Coordinator

St. Paul's Episcopal Church  
16 North 16<sup>th</sup> Street  
Wilmington, NC 28401

### How To Reach Us

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